

WEEK 4
Commencing
26/09,24/10,21/11
23/01,20/02,



CHAPEL STREET NURSERY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK					
LUNCH	Potato & cauliflower Korma Boiled brown rice Peas	Lamb casserole With Dumplings Broccoli Carrots	Spaghetti bolognaise Mixed salad	Cheese & tomato Quiche Sweetcorn Potato wedges	Cod & Pea bites Oven chips Baked beans
VEG OPTION		Mixed bean casserole	Chick pea bolognaise		
DESSERT	Apple crumble Custard	Ice cream Strawberry puree	Pineapple & melon Fruit salad	Chocolate pudding Chocolate sauce	Shortbread Biscuits
AFTERNOON SNACK					
TEA					
VEG OPTION					
DESSERT					

Water is served at all mealtimes and available in every room. ... vegetable oil and reduced salt and sugar products are used. No salt is added during cooking.

WEEK 3
 19/09,17/10,14/11
 12/12,16/01,13/02



CHAPEL STREET NURSERY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK					
LUNCH	Vegetarian sausages Mashed potatoes Broccoli Cabbage	Sweet & sour chicken Fried rice Carrots Prawn crackers	Beef meatballs In Tomato sauce Wholemeal Pasta Salad	Cheese, potato & leek pie Sweetcorn Green beans	Fish fingers Oven Chips Grilled tomato Peas
VEG OPTION		Sweet & sour Chick peas	Vegetarian meatballs		
DESSERT	Eve`s pudding Custard	Strawberry Mousse	Toffee & date Sponge Custard	Lemon & orange Cheesecake	Bakewell tart Custard
AFTERNOON SNACK					
TEA					
VEG OPTION					
DESSERT					

Water is served at all mealtimes and available in every room. Low fat spread, vegetable oil and reduced salt and sugar products are used. No salt is added during cooking.

WEEK 2
 12/09, 10/10, 07/11
 05/12,
 09/01/24,06/02



CHAPEL STREET NURSERY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK					
LUNCH	Tuna pasta [wholemeal pasta] Tomato & cucumber Salad	Roast Turkey Roast potatoes Carrots & Broccoli Gravy	Lentil & vegetable Cottage Pie Cabbage, green beans	Sausage roll Potato wedges Baked beans	Cheese & tomato Pizza Salad
VEG OPTION		Roast Quorn fillets		Vegetable sausage	
DESSERT	Jam Sponge Custard	Greek yoghurt With Fruit	Apple & sultana Cookie	Pear & raspberry Crumble Custard	Chocolate tart Cream
AFTERNOON SNACK					
TEA					
VEG OPTION					
DESSERT					

Water is served at all mealtimes and available in every room. Low fat spread; vegetable oil and reduced salt and sugar products are used. No salt is added during cooking.

Week 1
05/09/23,03/10,31/10
28/11,02/01/24,30/01



CHAPEL STREET NURSERY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK					
LUNCH	Potato & chickpea Goulash Couscous Broccoli	Sausage & tomato Wholemeal Pasta Salad	Quorn & veg stir fry Noodles Prawn crackers	Chicken nuggets Sweet potato wedges Sweetcorn	Salmon fishcakes Boiled potatoes Peas Carrots
VEG OPTION		Vegetable sausages		Vegetable nuggets	
DESSERT	Lemon Sponge Custard	Eton mess Mixed berries	Treacle tart Custard	Fresh fruit Salad	Apricot & raisin Flapjack
AFTERNOON SNACK					
TEA					
VEG OPTION					
DESSERT					

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